

8th Annual Littleton High School Youth Football Camp

Littleton High School Head Football Coach, Chad Koepke and his staff, are proud to offer this comprehensive, **FULL CONTACT FOOTBALL CAMP** for Youth League Players. This is your chance to get a head start on the upcoming football season and have a great time.

Date: Monday - Thursday, July 27-30 Time: 6:00 – 8:00 p.m.

Where: Littleton Public Schools Stadium - Littleton High School
199 E. Littleton Blvd, Littleton, CO 80121 (Broadway & Littleton Blvd.)

Cost: **\$75** Individual Camper OR **\$1000** for teams of 15-20 athletes!

This camp is for players entering grades 5, 6, 7 and 8. Football veterans and first time players will learn from the Littleton High School Staff, current and former Littleton Football players, and guest coaches from around the area.

- Learn and practice the fundamentals of football that will make you a better player.
- Blocking, Tackling, Throwing and Receiving– the building blocks of football
- The importance of leadership, sportsmanship, and teamwork.
- Specialized instruction led by the Littleton coaches, at the position of your choice.
- Proper Running Mechanics and Stride Patterning will be taught to help increase 40 yard dash.

OFFENSIVE SKILLS & DEFENSIVE FUNDAMENTALS

Proper Stance and Start by Position	Proper Tackling Technique	Creating Turnovers
Route Running, Receiving	Blocking	Game Strategies
Pass Coverage Technique	Passing	

Camp Highlights

- Guest Speakers: Former / Current Littleton, College and Professional Athletes will be on hand
- Camp Practice Jersey
- Compete with players your own age in 7-7 games, scrimmages and other competitions.
- Camp Awards by Position
- Free Admission to Littleton High School Home Football Games
- **Full equipment:** Helmet, shoulder pads, jersey, hip pads, pants with pads, mouthpiece and cleats. (*Campers need to provide own equipment*)

Make Checks Payable to:
LION FOOTBALL

Mail: Lion Football
199 E. Littleton Blvd
Littleton, CO 80121

Enclose this camp application along with your check for \$75 / \$1000 camp fee to insure your spot in the camp as we will have limited spaces available.

Registration Deadline is July 17th No Team Discounts for Walk – In Registrations.

Direct any questions to: Chad Koepke – 303.514.6907 or email questions to:
CKoepke@lps.k12.co.us

Please detach and send with payment – DUE JULY 17TH

EACH CAMPER MUST COMPLETE THE REGISTRATION FORM AND SIGN THE WAIVER BELOW.

Littleton Lion Youth Football Camp 2009 - 199 E. Littleton Blvd Littleton, CO 80121

Name _____ Grade _____

Address _____

Phone _____

City _____ State _____ Zip _____

Email (Important for Confirmation)

Registration Options:

_____ I am attending as an individual: \$75 Registration Fee (Payable to Lion Football)

_____ I am attending as a member of a team: \$1000 Registration Fee for Team
(Payable to Lion Football)

Team Name: _____

Age/Grade of Team: _____ Division: _____

Coaches Name: _____ Coaches Phone: _____

T-Shirt Size: Youth: M L Adult S M L XL XXL

Do you live in the Littleton High School Attendance Area? Y or N

I herby authorize the staff of the Littleton High School Youth Football Camp to act for me according to their best judgment in any emergency requiring medical attention. I herby waive and release the Littleton High School Youth Football Camp and Littleton High School from and all liability for any injuries or illness incurred while attending the camp.

Parent / Guardian Signature
