

APPLICATION

Name _____
Age _____
Position _____
Address _____
City _____
Zip _____
Home Phone _____

*Make checks payable to **Arapahoe Quarterback Club.**

*Send to:
Arapahoe Football % Mike Campbell
2201 E. Dry Creek Rd.
Centennial, CO 80122

**For more information contact the Arapahoe Football Office at 303-347-6046 or 303-717-6327.

MEDICAL RELEASE

Please list any pre-existing medical condition or special medication

I hereby register my child for the Warrior Football Camp and authorize the staff to direct them in participation in camp activities. My child has no medical or emotional problem which may affect their ability to safely participate in the above mentioned camp. The camp staff is authorized to attend to any health problem or injury my child may incur while attending camp. I further acknowledge that anyone associated with the Warrior Football Camp will not be liable for any damage from injuries or illness sustained while participating in camp.

Signature of Parent or Guardian Date

Name of Insurance Company Policy #

Emergency Contact Phone #

CAMP INFORMATION

DATES :

June 21-24, 2010
Monday-Thursday
10:00 AM-12:00 PM

CAMP INCLUDES :

- Arapahoe Warrior T-Shirt.
- Individual coaching by Arapahoe coaches.
- Basic football fundamentals and techniques.
- 7 on 7
- Skill practices
- Practical drill work that can be used at home.
- Competition.
- ***FUN!***

COST :

\$90.00 if received before June 16, 2010.
\$100.00 if received after June 16, 2010.

EQUIPMENT :

Campers will need T-Shirt, athletic shorts, and football shoes. Water will be provided but a separate water bottle is recommended.

SAMPLE SCHEDULE

| | |
|--------------------|--|
| 10:00-10:15 | Camp Stretch |
| 10:15-10:45 | Position Drills (Offensive EMPH.) |
| 10:45-10:55 | Water Break |
| 10:55-11:25 | Position Drills (Defensive EMPH.) |
| 11:25-11:35 | Water Break |
| 11:35-12:00 | 7 on 7 / Competition |

Dear Parents,

At the Warrior Football Camp the coaching staff has a few main goals in mind. First and foremost that each camper has fun, improves technically, and that they will leave here with a few practical drills that they can do on their own.

The Warrior coaching staff looks forward to working with your kids!

Mike Campbell

WARRIOR FOOTBALL CAMP

Ages: 7 - 14



2010
JUNE 21-24