

FRONT RANGE
VOLLEYBALL
CAMPS
Group Lessons Update 23
May 3, 2010



"We are what we repeatedly do. Excellence, then, is not an act - it is a habit." Aristotle

[Summer Camp Sessions Filling!](#)

May Group Lessons

Might these be the last Group Lessons? Rest easy, these are only the last Lessons of the spring. **Nonetheless, they continue to be extremely popular so book your place today!** Front Range is offering group lessons twice this month. Be sure to check out which sessions are available and [sign up now](#) to secure your lesson!

Lessons fill **very** quickly so sign up and pay now!

FRVBC's May lineup features the following skill training sessions:

Time	5/11	5/18
4:00-5:30 pm	HS Hitting	HS Passing & Defense
5:30-6:30 pm	MS Serving	MS Hitting

Please remember that players are accepted on a first-paid, first-served basis

Take advantage of the training aids that only coaches at Front Range can offer by signing up today!

To learn more about what Front Range can offer you, see our [Group Lesson page!](#)

Summer Camp Signups Are On Fire!

Front Range Summer Camps are filling up! Sessions have been filling up quickly so be sure to grab your place today! Check our [Camps & Clinics page](#) for complete information!

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