



Making a Difference on the Diamond



Vision: To be the most successful high school baseball program in the City of Littleton and the State of Colorado while developing character in our ballplayers.

Team Success & Individual Success.

LHS Baseball Summer Coaching Staff

Head Coach: Dave Vanoni

Asst. Coach: Micah Bernhardt

Program Pitching Coach: Bob Dampier

Asst. Coach: Pablo Severtson

Asst Coach: Dan Kirschler

LHS Student-Ballplayers

For private hitting, defense, pitching, or catcher lessons this summer, feel free to contact the following coaches:

Hitting/Defensive Fundamentals:

Micah Bernhardt, 970-390-3449

Pablo Severtson, 720- 373-3522

Pitcher/Catcher:

Bob Dampier, 303-931-7111



LHS BASEBALL

Making a Difference on the Diamond



LITTLETON BASEBALL SUMMER PROGRAMS 2010

www.LHSBaseball.net

**Registration Due by June 16th or call
Coach Dave Vanoni at 303-478-6692**





BASEBALL SKILLS CAMP

(Ages 7 – 12 / 13 & up)

Cost: \$125 per participant (t-shirt & prizes)

Location: Littleton HS Baseball Field (east on Powers, 1 block north of Littleton Blvd)

Dates: June 21 – June 24

Sessions: Ages 7 –12: 8– 11 am
Ages 13 & up: 12–3 pm

Itinerary:

Monday 6/21 – Hitting/ Offensive Technique

Tuesday 6/22 – Defensive Play/Fundamentals

Wednesday 6/23 – Pitcher, Catcher/
More Hitting

Thursday 6/24 – Games & Scrimmages
(Prize Day)

PITCHER/CATCHER CAMP

(Ages 8 & up)

Cost: \$75 per participant (t-shirt & prizes)

Location: Littleton HS Baseball Field (east on Powers, 1 block north of Littleton Blvd)

Dates: June 21 – June 24

Sessions: Ages 13 & up/ 9–11 am
Ages 8–12/ 12–2 pm

Itinerary:

Monday 6/21 – Throwing Progression/
Mechanics, Catcher Fundamentals

Tuesday 6/22 – Throwing Progression/
Mechanics & , Catcher Blocking

Wednesday 6/23 – Throwing Progression/
Mechanics, Catcher—Throwing out runners

Thursday 6/24 – Simulated Games,
Catcher Play



BLASTBALL (Ages 4–6)

Cost: \$50 per participant (t-shirt & prizes)

Location: Littleton HS Baseball Field (east on Powers, 1 block north of Littleton Blvd)

Dates: June 21 – June 24
Ses. 1 8–9 am, Ses. 2 10 –11 am,
Ses. 3 1–2 pm

Itinerary: Monday 6/21 – Learning the rules of the game, fundamentals; Tuesday 6/22 – Fundamentals; Wednesday 6/23 – Fundamentals/Games; Thursday 6/24 – Games & Scrimmages (Prize Day)

Overview

BLASTBALL!® is meant to put FUN back into the game of Baseball. Designed to generate fast-paced action in a safe environment, BLASTBALL!® captures kids attention and enhances their learning process. BLASTBALL!® teaches all five basic fundamentals of baseball and softball - hitting, throwing, catching, running, and fielding - without the complex rules of Baseball.

Objective

The defensive players take an infield or outfield position. A BlastBall is placed on the BlastTee and the first batter hits the ball and runs to the Blast-Base. If the batter reaches the Base (the only base used) before a defensive player either catches the BlastBall in the air (an automatic out) or fields it and yells "BLAST", the batter scores a run. If the ball is caught or fielded and "BLAST" is yelled before the runner gets to the BlastBase, then the runner is out. **It's just that simple!**

The BlastBase makes a loud "H O N K" sound (like a train whistle) whenever the runner stomps on the base. Gloves/mitts are not needed because of the softness and size of the BlastBall (about the size of a softball). The fear factor of being hit by the ball is eliminated from the game altogether.



LHS Summer Registration

| Sign up for: | Time | Price |
|---|------------------|-------|
| <input type="checkbox"/> Skills Camp (Ages 7–12) | 6/21–24 8–11 am | \$125 |
| <input type="checkbox"/> Skills Camp (Ages 13 & up) | 6/21–24 12–3 pm | \$125 |
| <input type="checkbox"/> Pitcher/Catcher (ages 13 & up) | 6/21–24 9–11am | \$75 |
| <input type="checkbox"/> Pitcher/Catcher (ages 8–12) | 6/21–24 12–2 pm | \$75 |
| <input type="checkbox"/> BLASTBALL Session 1 | 6/21–24 8–9 am | \$50 |
| <input type="checkbox"/> BLASTBALL Session 2 | 6/21–24 10–11 am | \$50 |
| <input type="checkbox"/> BLASTBALL Session 3 | 6/21–24 1– 2 pm | \$50 |
| <input type="checkbox"/> Check # _____ | Total: _____ | |

Participant Name & Age _____

Address _____

Phone _____

Email _____

T- shirt size (Circle 1) Youth: s m l Adult: s m l xl

Participant hereby releases and holds harmless Littleton Public School District and its board members, employees and agents from any and all liability, claims, causes of action, damages and demands of any kind whatsoever that Participant may have against the School District, its board members, employees and/or agents for any and all damages, including personal injury to the Participant, that may arise out of or in connection with participation in Littleton Summer Baseball Program. Participant agrees to indemnify, defend and hold harmless Littleton School District and its board members, employees and agents from and against any and all claims, liabilities and causes of action, including attorney fees and costs, for injury of any person caused by Participant and/or for damages to or destruction of any property caused by Participant, which may arise out of or in connection with participation in Littleton Summer Baseball Program. Participant also agrees to indemnify, defend and hold harmless Littleton School District and its board members, employees and agents from and against any and all claims, liabilities and causes of action, including attorney fees and costs, for injury to the Participant and/or for damages to or destruction of property belonging to the Participant, which may arise out of or in connection with participation in Littleton Summer Baseball Program.

Signature of Parent or Legal Guardian _____

Date _____

PLEASE SUBMIT REGISTRATION BY JUNE 16th

**Mail to: SUMMER BASEBALL, DAVE VANONI
LITTLETON HS
199 E. LITTLETON BLVD.
LITTLETON, CO 80121**