



Panther Press
October 2009

FOOTBALL COACHES RECEIVE TRAINING

The 2009 football season began pre-season when the coaches of our 17 teams this year attended a Coaches of Excellence seminar by Rod Olsen, or Coach "O" as he is better known. We believe that our coaches have a huge impact on their players and we wanted to insure that impact was a positive one. To that end we provided the seminar by Coach "O" that in short delivered the message of "Three-Dimensional Coaching:" First, teach the fundamentals of the game. Second, understand the psychology of the players. Third, speak to their hearts. The coaches have also attended a Sports Medicine Clinic put on by Dr. Pengel the medical director of the Children's Hospital Pediatric Sports Medicine facility and the lead physical therapist Mr. David James. Coach Campbell from Arapahoe High School joined us at our coaches meeting and shared the philosophies and goals of AHS coaching staff. Our outstanding coaching staff is taking all of this information and incorporating it into their coaching for this season. We have some truly spectacular coaches working with your children this year. They are there for your child so if you have any questions or concerns please know that you have open communication with your coach.

Very Sincerely,

Janet Holmes and Kent Calkins

PANTHERS AND AYL OFFER GIRLS BASKETBALL

Starting this year the Panthers and the Arapahoe Youth League will be offering girls basketball. This, along with the new Cheerleading offering, increases athletic opportunities for girls to basketball, cheerleading, lacrosse and volleyball. Please keep on eye on the website for more information or contact Matt Barnett at mattbarnett@hoops4you.com for more information.

Boys Sports

Baseball
Basketball
Football
Lacrosse

Girls Sports

Basketball
Cheerleading
Lacrosse
Volleyball

Panther Contact Information

www.panthersports.org · info@panthersports.org