Regis Jesuit High School Youth Football Camp
6400 So. Lewiston Way, Aurora, CO 80016
5th, 6th, 7th, and 8th Graders – July 14th – 18th
at Regis Jesuit High School

Regis Jesuit head football coach, Mike Woolford and his outstanding staff are proud to offer this comprehensive, **FULL CONTACT** football camp for Youth League Players. This is your chance to get a head start on the upcoming football season and have a great time.

Date: Monday thru Friday, July 14th – July 18rd
Where: Regis Jesuit High School (Parker Rd. & Arapahoe Rd.)
Time: 5:30 to 7:30 each evening
Cost: $100.00 *(10% discount for team registration) (if received prior to June 27th)

This camp is for players entering grades 5, 6, 7 and 8. Football veterans and first time players will learn form the Regis Jesuit High School Staff, current and former Regis Jesuit Football players, and guest coaches from around the area.

Learn and practice the fundamentals of football that will make you a better player.

- Blocking, throwing, catching, tackling – the building blocks of football
- The importance of leadership, sportsmanship, and teamwork.
- Specialized instruction led by the Regis coaches, at the position of your choice.
- Speed training will teach techniques to make you faster.

OFFENSIVE SKILLS	DEFENSIVE SKILLS
Proper stance and start by position	Proper Stance and start
Blocking – drive, scramble, zone, pass	Hit & shed blockers
Route running, catching	Pass coverage, zone and man
Throwing, carrying, handoffs	Proper tackling techniques

- Guest Speakers
- Former Regis Jesuit High School players and coaches plus some surprise guests
- Camp T-shirt and lots of fun
- Compete with players your own age in 7-7 games, scrimmages and other competitions.
- Camp registration includes admission to a Regis Jesuit High School football game in the fall
- * **Full equipment:** Helmet, shoulder pads, jersey, hip pads, pants with pads, mouthpiece and cleats.

(Campers need to provide there own equipment)

*** If 8 or more Players from the same team register for the camp, each player will receive $10.00 off the registration fee.**

Make Checks Payable to: Regis Jesuit High School. **Mail:** Mike Woolford, 7375 So. Valentia Way, Centennial, CO 80112
Enclose this camp application along with your check for $100.00 camp fee to insure your spot in the camp as we will have limited spaces available.
Registration Deadline is June 27th . Direct any questions to: Mike Woolford; 720-530-4246 or email questions to: poppymimi@msn.com.

WAIVER BELOW MUST BE SIGNED.
Please detach and send with check**. NO DISCOUNT ON WALK-IN REGISTRTIONS**

Regis Jesuit Youth Football Camp 2008

Name _____ Grade (Fall 2008)_____
Address _____ Phone (_____)_____
City _____ State _____ Zip _____
Email (* Important for confirmation)_____
Team _____ Coach _____

**T-Shirt Size (Adult S, M, L, XL, XXL) ___ * Are you considering Regis as a possible High School to attend Y or N

I herby authorize the staff of the Regis Jesuit High School Youth Football Camp to act for me according to their best judgment in any emergency requiring medical attention. I herby waive and release the Regis Jesuit High School Youth Football Camp and Regis Jesuit High School from and all liability for any injuries or illness incurred while attending the camp.

**** Parent / Guardian Signature _____